

A close-up photograph of a man's face, showing his eyes, nose, and an open mouth as if shouting or speaking loudly. The background is a plain, light color.

SEPTEMBER 15, 2022

INTERNATIONAL DAY OF LISTENING: LISTEN TO HEAL
HEALING DIVISIVENESS

ACTIVITY PLANNING GUIDE

Listening to Heal: Healing Divisiveness

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ACTIVITY PLANNING GUIDE

The need for healing and putting things back together again is felt around the globe. In addition to a virus, divisiveness is challenging individuals, families, circles of friends, and work teams. How can we bridge the gaps that have opened and how can we bring about healing?

This year's IDL will focus on what and how listening can contribute to bringing about the healing. We can be part of the medicine that can offer relief - for us and for those around us.

Title / Subject: <i>Give your activity a name.</i>	
Author(s):	
Audience: <i>Whom will you invite to participate in this activity? (These could be specific people or groups of people.)</i>	
How many people will participate? <i>Suggest a group size.</i>	
Description: <i>What's the topic or the cause of the divisiveness?</i>	
Why is this topic or situation so divisive? <i>Are there topics or situations that you will need to avoid? (These may be areas where the topic is so polarizing that people won't change their positions or are unlikely to change—such as values.)</i>	
What will the activity consist of? <i>Provide a structure for the session / event.</i>	
How will you start the event? <i>What activity could help people have a positive interaction to start this event?</i>	
Time: <i>How long will the activity take?</i>	
Preparation and Materials: <i>What do you need? Material, References, etc.</i>	
Notes / Observations:	